

Made Fresh For You



IHOP[®]

ANYTIME MENU | SPRING/SUMMER

World Famous

International Pancakes

New!

Mexican Churro

Four buttermilk pancakes layered with a fiesta of warm cinnamon spread, crunchy mini-churros & sweet cream cheese icing. Crowned with whipped topping.

New!

Italian Cannoli

Three buttermilk pancakes rolled & filled with sweet Ricotta cream & chocolate pieces topped with crunchy cannoli pieces, chocolate chips & crowned with whipped topping.

Mexican Tres Leches

Four buttermilk pancakes layered with vanilla sauce and dulce de leche caramel sauce & crowned with whipped topping.

★ Original Buttermilk

Five of our world famous buttermilk pancakes topped with whipped real butter.

Cupcake Pancakes

Four buttermilk pancakes filled with festive rainbow sprinkles. Topped with cupcake icing & more sprinkles.

New York Cheesecake

Four buttermilk pancakes filled with cheesecake bites & topped with glazed strawberries. 18.99 (14.27 USD)

New!

Chocolate Chocolate Chip

Four chocolate pancakes filled with chocolate chips, topped with a drizzle of chocolate syrup & more chocolate chips. Available in buttermilk.

New!

Mexican Churro

New!

Italian Cannoli

**Made
Fresh
For You**



New!

The Wrap of Monte Cristo

**French-toasted wrap
griddled to perfection.**



Pancakes



★ Rooty Tooty Fresh 'N Fruity®
Four buttermilk pancakes. Topped with choice of peach topping or glazed strawberries.



Strawberry Banana
Four buttermilk pancakes filled with fresh banana slices. Topped with glazed strawberries & more banana slices.



Double Blueberry
Four buttermilk pancakes filled with blueberries & topped with blueberry compote.



Cinn-a-Stack®
Four buttermilk pancakes layered with cinnamon roll filling & topped with cream cheese icing.

Create Your Pancake Combo

Choice of any 2 same-flavoured pancakes.

Pick your pancakes
+
2 Eggs* your way
+
2 Bacon or sausage
+
Hash browns

Top it Off!

Add a topping to any Pancake or Griddle Fave item

Glazed Strawberries Scoop of Ice Cream
Fresh Banana Slices Cinnamon Swirl
Peach Topping



Original Buttermilk Pancake Combo

Sides

Hash Browns

Seasonal Mixed Fruit

Turkey Bacon Strips

Canadian-Style Peameal Bacon

Small or Large bowl.

Red Potato Pepper & Onion Hash

Slice of Ham

Pork Sausage Links

Seasoned red potatoes with grilled onions & green peppers.

Canadian Maple Syrup

Turkey Sausage Pattie

Texas Toast

Bacon Strips

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Spicy



Simple & Fit
Under 600 Calories



IHOP®
Signature

Griddle Faves

French Toast



Our Original French Toast

Six triangles topped with whipped real butter & dusted with powdered sugar.

Stuffed French Toast

Two cinnamon-raisin triangles with sweet cream filling. Topped with choice of strawberry vanilla, peach vanilla, cinnamon, blueberry topping or glazed strawberries.



Strawberry Banana French Toast

Our original French toast topped with glazed strawberries & fresh banana slices.



Waffles



Chicken & Waffles

Four all-white meat crispy chicken strips & our Belgian waffle. Served with choice of plum or ranch.



Belgian Waffle

Our traditional golden-brown Belgian waffle topped with whipped real butter.

Add a scoop of ice cream

Crepes



Chicken Florentine Crepes

Two crepes filled with grilled chicken breast, mushrooms, onions & Swiss on a bed of spinach. Topped with White Cheddar sauce & fresh tomatoes.



Classic Breakfast Crepes

Two crepes stuffed with scrambled eggs, bacon, ham & White Cheddar. Topped with a creamy White Cheddar sauce.



Banana Crepes with Nutella®

Four delicate crepes topped with Nutella® The Original Hazelnut Spread® & freshly sliced bananas.



Strawberries & Cream Crepes

Four delicate crepes topped with glazed strawberries & vanilla cream drizzle.



★ Swedish Crepes

Four delicate crepes topped with sweet-tart cranberries & cranberry butter

Create Your Griddle Combo

French Toast Combo

Choose your flavour + 2 eggs* your way + 2 bacon or 2 sausage + hash browns

Original 4 triangles
Stuffed French Toast 1 triangle
Strawberry Banana 4 triangles

Crepe Combo

Choose your flavour + 2 eggs* your way + 2 bacon or 2 sausage + hash browns

Banana with NUTELLA®
Strawberries & Cream
Swedish

Belgian Waffle Combo

Waffle + 2 eggs* your way + 2 bacon or 2 sausage



Strawberry Banana French Toast Combo

IHOP Creations

Breakfast Sandwiches Only: Served with choice of Hash Browns or 2 Buttermilk Pancakes.
Add 2 Flavoured Pancakes (from pancakes page) or Seasonal Mixed Fruit.

New!

The Wrap of Monte Cristo

A French-toasted wrap, griddled to perfection and filled with ham, roasted turkey breast, Swiss, White Cheddar & a side of cranberry jam.



IHOP® Signature Pancake Sliders

Two silver dollar sliders made with original buttermilk pancakes & filled with a scrambled egg omelette (made with a splash of buttermilk & wheat pancake batter), turkey sausage, bacon & Processed cheese, all topped with sweet maple glaze.

Eggs Benedict

Canadian-style bacon on an English muffin, topped with 2 poached eggs* & rich hollandaise. Served with hash browns.



★ Southwest Scramble

Scrambled eggs with Jack & Cheddar topped with our salsa & avocado. Served with red potato pepper & onion hash or hash browns & side choice of a tortilla, toast or 2 buttermilk pancakes.



Create Your Own Melt

Breakfast Melt

Grilled artisan sourdough filled with scrambled eggs,
Swiss & Processed cheese

With your choice of one of the following:

Sliced Ham

Bacon Strips

Fire-roasted Peppers & Onions

Substitute Canadian Peameal Bacon

Create Your Own Melt
with Sliced Ham



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Combos

★ Sirloin Tips & Eggs

Sirloin tips* with grilled onions & mushrooms. Served with 2 eggs* your way, hash browns & 2 buttermilk pancakes.



★ Breakfast Sampler

Two eggs* your way, 2 bacon strips, 2 pork sausage links, 2 thick-cut pieces of ham, hash browns & 2 buttermilk pancakes.



Split Decision Breakfast

Two eggs* your way, 2 bacon strips, 2 pork sausage links, 2 triangles of French toast & 2 buttermilk pancakes.



T-Bone Steak & Eggs

12 oz. T-Bone steak* grilled & served with 3 eggs* your way & 3 buttermilk pancakes.



Smokehouse Combo

Two jumbo smoked sausage links served with 2 eggs* your way, hash browns & 2 buttermilk pancakes.



Country Fried Steak & Eggs

A golden-battered beef steak smothered in country gravy. Served with 2 eggs* your way, hash browns & 2 buttermilk pancakes.



2 x 2 x 2

Two eggs* your way, 2 bacon strips or 2 pork sausage links & 2 buttermilk pancakes.



Big 3-Egg Breakfast

Three eggs* your way, 4 bacon strips & 3 buttermilk pancakes.



Quick 2-Egg Breakfast

Two eggs* your way, hash browns, 2 bacon strips or 2 pork sausage links & toast.



Substitute other meat options:

- 4 Pork Sausage Links
- 4 Turkey Bacon Strips
- 2 Slices of Canadian Peameal Bacon

🌿 Simple & Fit 2-Egg Breakfast

Scrambled egg whites served with 2 slices of turkey bacon, fresh fruit & whole wheat toast.



🌿 SIMPLE & FIT SUBSTITUTIONS

Egg Whites
Turkey Bacon
Turkey Patties
Canadian Peameal Bacon

Breakfast Sampler



Eggs 101

Get your eggs exactly how you like them.

Scrambled

Whites and yolks mixed together.

Over Easy

Soft whites with a runny yolk.

Over Medium

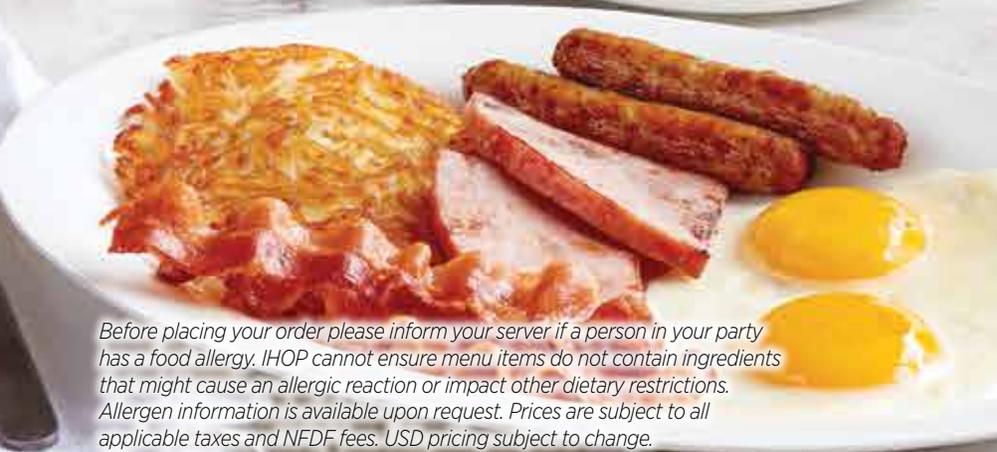
Firm whites with a semi-firm yolk.

Over Hard

Firm whites with a firm, broken yolk.



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Omelettes

Made with a splash of buttermilk & wheat pancake batter!

Served with choice of 3 Buttermilk Pancakes, Hash Browns or Buttered Toast.
Add 3 Flavoured Pancakes (from pancakes page) or Seasonal Mixed Fruit.

Excludes Simple & Fit selection, which is served as described. *Italian Cannoli served with 2.

Add avocado to any omelette!



Spicy Poblano Omelette

Fire-roasted Poblano peppers & onions, shredded beef, Jack & Cheddar blend, fresh avocado, Poblano cream & spicy chopped Serrano peppers.



Big Steak Omelette

Steak, hash browns, green peppers, onions, mushrooms, tomatoes & Cheddar. Served with our salsa.



Chicken Fajita Omelette

Grilled chicken breast with Poblano & red bell peppers, roasted onions, Jack & Cheddar & our salsa topped with sour cream. Served with a fresh grilled Serrano pepper.



Cheeseburger Omelette

100% Canadian beef, hash browns, fresh tomatoes, onions, Processed cheese, Topped with ketchup, mustard & pickles



Colorado Omelette

Bacon, shredded beef, pork sausage & ham with green peppers, onions & Cheddar. Served with our salsa.



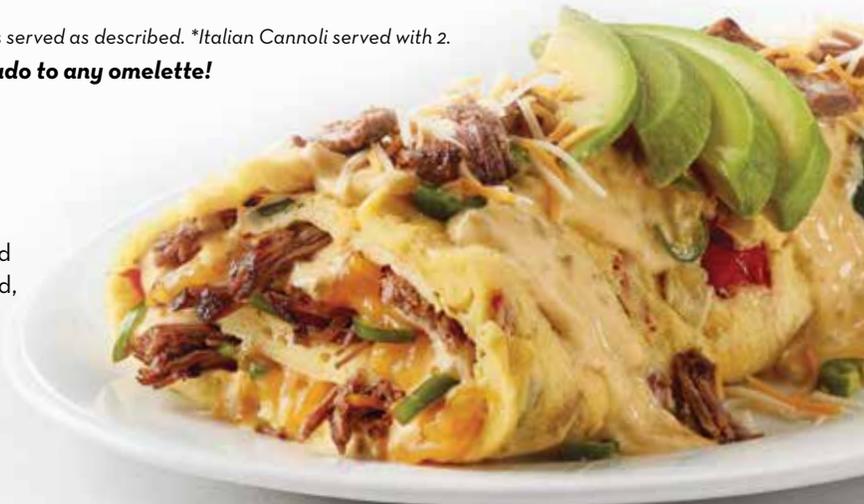
Bacon Temptation Omelette

Chopped bacon strips with Jack & Cheddar & a White Cheddar sauce. Topped with tomatoes & more bacon.



Country Omelette

Ham, hash browns, onions & Cheddar. Topped with sour cream.



Spicy Poblano Omelette

Veggie



Spinach & Mushroom Omelette

Fresh spinach, mushrooms, onions & Swiss. Topped with hollandaise & tomatoes.



Egg White Veggie Omelette

Egg white omelette filled with fresh spinach, onions & Pepper Jack topped with fresh avocado & tomatoes. Served with fresh fruit.



Garden Omelette

A fresh mix of broccoli, mushrooms, tomatoes & Cheddar.

Build Your Omelette

Create Your Omelette

Served with choice of side. See sides above.

Choose your cheese:

Processed Cheese	Swiss
White Cheddar	Pepper Jack
Jack & Cheddar blend	

Choose your add-ins:

Bacon	Fresh Spinach
Pork Sausage	Fresh Green Peppers & Onions
Ham	Serrano Peppers
Extra Cheese	Poblano Peppers
Fresh Mushrooms	Fresh Avocado
Fresh Tomatoes	

Sandwiches

Served with choice of French Fries, Onion Rings or Hash Browns.
Add 2 Buttermilk Pancakes, Seasonal Mixed Fruit, Soup or Side Salad.

Add avocado to any sandwich!

Pancakes now available as a side!



Philly Cheese Steak Stacker

Grilled sirloin steak & onions topped with melted Processed cheese on a grilled roll.



Double BLT

Double-decker with 6 strips of bacon, lettuce, tomato & mayonnaise on white toast.



Turkey, Bacon & Avocado Wrap

Roasted turkey breast, avocado, bacon strips, tomatoes, mixed greens, red onions & ranch in a flour tortilla wrap.



Spicy Chicken Ranch Sandwich

Crispy chicken breast tossed in our citrus chili sauce with melted Pepper Jack, a mix of roasted onions, Poblano & red bell peppers, ranch & lettuce on our grilled Brioche bun. Substitute Grilled Chicken



New!

Roasted Turkey Sandwich

Roasted turkey breast with bacon strips, Swiss, lettuce, tomato & mayonnaise on sourdough or rye.

Salads

Chicken Cobb Salad

Grilled or crispy chicken, bacon, hard-boiled egg, fresh tomatoes & crumbled Blue cheese on a bed of mixed greens & crisp Romaine tossed in ranch. Add avocado.

Grilled Chicken & Veggie Salad

Grilled chicken breast, fresh sliced tomato, red onions, avocado, mushrooms & a grilled lemon on mixed greens & crisp romaine tossed in balsamic vinaigrette.



Soup of the Day

Chicken Caesar Salad

Grilled or crispy chicken, croutons & Parmesan on a bed of crisp romaine tossed in Caesar dressing.

Chicken & Spinach Salad

Grilled or crispy chicken, bacon, hard-boiled egg, tomatoes & Cheddar on a bed of spinach tossed in honey balsamic vinaigrette.

Grilled Chicken & Veggie Salad

Caesar Salad

Croutons & Parmesan on a bed of crisp romaine tossed in Caesar dressing.

House Salad

Fresh sliced tomatoes & red onions on mixed greens & crisp romaine tossed in choice of dressing.



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Ultimate Steakburgers

Pancakes now
available as a side!



All-Natural • 100% Canadian Black Angus Beef

Served with choice of French Fries, Onion Rings or Hash Browns.
Add 2 Buttermilk Pancakes, Seasonal Mixed Fruit, Soup or Side Salad.
Add avocado to any burger!



The Classic

Truly a classic burger. Processed cheese, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.



Cowboy BBQ

This may be how the West was won. Two crispy onion rings, our custom-cured bacon strips, Processed cheese, lettuce, tomato & tangy BBQ sauce.



The Classic with Bacon

Only bacon can improve upon a Classic. Our custom-cured bacon strips, Processed cheese, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.



Mega Monster Cheeseburger

No need to fear this Monster. Two premium steakburger patties, Processed and White Cheddar cheeses, lettuce, tomato, red onion, pickles & our signature IHOP® sauce.



New!

Loaded Philly

A two-hand, five-napkin kind of burger. Piled high with sautéed onions and peppers and smothered with melted White Cheddar and a dousing of Cheddar cheese sauce.



Jalapeño Kick

This one will kick you back. Spicy blend of sautéed jalapeños, Serranos and onion, our custom-cured bacon strips, Pepper Jack, lettuce, tomato & jalapeño mayo.



Big Brunch

We know how to put breakfast on a burger. Bacon strips, fried egg*, crispy browned potato, Processed cheese and signature IHOP® sauce.



New!

Cali Garlic Butter

Take a bite out of garlic buttery goodness. Topped with savoury house-made garlic butter, custom-cured bacon strips, White Cheddar cheese, lettuce, tomato, onion and mayo.

Apps

Crispy Chicken Strips & Fries

Five all-white meat crispy chicken strips & French fries. Served with choice of plum or ranch.

Moza Sticks

Five Mozzarella cheese sticks served with marinara.

Appetizer
Sampler

Appetizer Sampler

Monster Moza Sticks, Onion Rings & Crispy Chicken Strips served with marinara & choice of plum or ranch.

Chicken & Three-Cheese Quesadilla

Grilled chicken breast, fire-roasted Poblano peppers & onions, Pepper Jack, Monterey & Cheddar in a flour tortilla. Served with salsa, sour cream & a fresh grilled Serrano pepper.



All steakburgers are perfectly cooked to a minimum of 158° F.

Entrées

Pancakes now available as a side!



Served with 2 Buttermilk Pancakes or your choice of Soup or Side Salad.



Roasted Turkey & Stuffing



Sirloin Steak Tips & Crispy Shrimp



Tilapia Florentine



Boneless Fried Chicken

Tilapia Florentine

Two seasoned filets grilled & served over a bed of creamy spinach. Served with your choice of 2 sides.

T-Bone Dinner

Cooked-to-order & served with red potatoes & broccoli.

Boneless Fried Chicken

Country Fried Steak

A generous portion of golden-battered beef steak smothered with our creamy country gravy. Served with your choice of 2 sides.

Boneless Fried Chicken

Two golden, crispy chicken breast filets served with your choice of 2 sides.

Sirloin Steak Tips

A hearty portion of tender sirloin steak tips sautéed with grilled onions & mushrooms. Served with your choice of 2 sides.

Crispy Fish & Chips

Three golden, hand-battered white fish filets served with French fries & tartar sauce.

Roasted Turkey & Stuffing

Roasted turkey breast topped with turkey gravy, cornbread stuffing, cranberries & your choice of 2 sides.

Sirloin Steak Tips & Crispy Shrimp

A generous portion of tender sirloin steak tips sautéed with grilled onions & mushrooms & crispy breaded shrimp, with dipping sauce. Served with your choice of 2 sides.

Fisherman's Platter

Three golden, hand-battered white fish filets & crispy breaded shrimp served with French fries & dipping sauces.

Sides

Real Buttered Corn	Stuffing	Sautéed Spinach	French Fries	Red Potato Pepper & Onion Hash
Steamed Fresh Broccoli	Hash Browns	Mashed Potatoes	Onion Rings	

Desserts



Ice Cream Sundae

Three scoops of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

Kids Jr. Sundae

One scoop of vanilla ice cream with choice of chocolate sauce or glazed strawberries.

Fruit Crepe

One crepe filled with choice of raspberry topping, blueberry compote or glazed strawberries. Topped with vanilla ice cream & more fruit topping.

New!

Jr. Milkshakes

12 & under. Vanilla Chocolate **HERSHEY'S** Oreo **OREO** Strawberry made with real fruit



New!

House-Made Milkshakes

A shake with an
OREO® twist!



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New!

House-Made Milkshakes

**Smooth, cold-brewed
coffee flavour in a shake**





Menu

special values for guests ages 55+

Breakfast

★ 55+ Breakfast Sampler

One egg, 1 bacon strip, 1 pork sausage link, 1 piece of ham, hash browns & 1 buttermilk pancake.

55+ Rise 'N Shine

Two eggs, hash browns, 2 bacon strips or 2 pork sausage links & toast.

55+ Cheese Omelette

Made with Cheddar & a splash of buttermilk & wheat pancake batter. Served with 2 buttermilk pancakes.

55+ French Toast

Four triangles served with 2 bacon strips or 2 pork sausage links.



55+ Breakfast Sampler

🌿 SIMPLE & FIT SUBSTITUTIONS

- Egg Whites
- Turkey Bacon
- Turkey Patties
- Canadian Peameal Bacon

See full list of sides on the Entrées page.



Kids' Menu 12 & Under

Kids' drinks. (Free refills on soft drinks) 2.99 (2.30 USD).

Substitute Seasonal Mixed Fruit or French Fries instead of Mott's® Applesauce.

New!

Jr. Churro Pancake Combo

Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

Jr. Cupcake Pancake Combo

Served with 1 scrambled egg, 1 bacon strip & 1 pork sausage link.

Grilled Cheese Sandwich

Funny Face® Pancake

Create-A-Face Pancake

Mac & Cheese

Silver 5

Five silver dollar buttermilk pancakes, 1 scrambled egg & 1 bacon strip.

Breakfast Sammy

Chicken Nuggets

French Toast with NUTELLA®

Served with 1 scrambled egg.

All-Natural 100% Canadian Angus Jr. Cheeseburger

Served with Mott's® Applesauce.

Jr. Chicken & Waffles

Served with Mott's® Applesauce.



New!

Jr. Churro Pancake Combo

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Beverages



Coffee



IHOP® Colombian Blend 100% Arabica Beans

★ Never Empty Coffee Pot®

Free refills. Regular or Decaf

Flavoured Coffee

French Vanilla
Swiss Mocha

Cold-Brew Iced Coffee

Mocha
Vanilla
Original

Hot Chocolate

Hot Chocolate

**French Toast
Hot Chocolate** - 16 oz.

1% Milk

Chocolate Milk

Fruit Juices

Orange Juice, Apple Juice, Cranberry Juice & Grapefruit Juice

Tea & Lemonade

Lemonade, Freshly Brewed Iced Tea & Hot Tea

IHOP Splashers®

Splashberry

A blend of glazed strawberries,
lemon-lime soda & premium orange juice.

★ Tropical Island Twist

A blend of lemonade, lemon-lime soda
& tropical mango syrup.

Fountain Drinks

Soft Drinks

Pepsi, Diet Pepsi, Root Beer or 7UP
(Free Refills).

Bottled Water

New! House-Made Milkshakes

Vanilla
Chocolate 
Oreo 
Strawberry
made with real fruit

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 Chocolate



Strawberry
made with
real fruit



